

Holland Patent, NY www.hydronicpros.com

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Hydronic Heating for Low Energy Houses

Today's topics...

- Emerging Opportunities Low Energy Houses
- Why is hydronic heating appropriate in low energy houses?
- · What are appropriate heat sources?
- · What are appropriate heat emitters?
- What are appropriate distribution systems?
- What are appropriate circulators?
- Putting it all together

systems with gas-fueled heat source systems with solar thermal input systems with air-to-water heat pump heat source systems with geothermal heat pump heat source









Many hydronic systems are installed in large houses like these...



Hydronics "owns" the upscale housing market in many areas of North America.

These systems often have complicated and expensive systems



The "wall of pumps" approach is often used...



Just to be fair to the pump guys – there is such a thing as overzoning with zone valves...



Is this what it takes to operate a hydronic heating system???



From this...





but probably not to this...



To this...

Image from book "The Not So Big House", by Susan Susanka

Growth in smaller housing market...

From a recent AIA research report: (American Institute of Architects)

• Home sizes historically have declined during housing recessions, but this downturn appears to have ushered in a more dramatic reversal of an extended period of growth in home sizes.

• Homeowners are switching their focus from frivolous to functional and paying special attention to energy-efficient features.

• A new mood of frugality hasn't affected demand for energy-efficient home improvements. insulation, solar panels, double- and triple-glazed windows, tankless water heaters, and geothermal heating and cooling systems have grown in popularity.

• Fifty-two percent of respondents reported decreases in home square footage in 2011, compared with 57 percent in 2010.

From Builder Magazine (National Association of Homebuilders):

"The average home is currently about 2,380 square feet in size, but the NAHB expects that number will drop to 2,150 square feet by 2013."

From Times Herald Record Newspaper (April 2011):

Woodstone Development is offering a new product for its gated community of million-dollar 5,000square-foot luxury homes in Bethel, New York: 1,250-square-foot Adirondack cabins with a starting price of \$279,000. "Up until this point, we've only really addressed the top of the pyramid," Howard Schoor, Woodstone's chairman and CEO, told the newspaper. "This is designed more to meet the realities of 2011 — that people are downsizing."

Michigan retirement house: (Just won a GreenBuilder home of the year award)



Architect's comment:

"Its seems to be a new trend with all my clients lately that the want a small house with the best building material for the shell of their home," notes architect Eric Hughes. "Then they want as much renewable energy as the budget will allow, so they can reduce their utility bills and get as close to net-zero as possible."

Zero energy, 32 points *above* LEED platinum rating 1,267 square foot floor area (@\$142/sq ft)=\$179,900 heated slab on grade floor (??), heat recovery ventilator ICF walls, SIP ceiling, R-4 windows, Navien mod/con boiler, solar DHW

Massachusetts Net Zero house built in 2011

Making -ZERO Affordable

Mitsubishi mini-split heat pumps 1,800 square foot floor area, 12,100 Btu/hr design load R-46.8 walls, R-63 ceiling, R-20 basement, R-5 windows Heat recovery ventilator All electric house.

Images: SolarToday magazine, Nov/Dec 2011



Mitsubishi dual-stage heat pumps produce 92 percent of their capacity at 5°F (minus 15°C) and keep producing heat down to minus 13°F (minus 25°C).



A growing niche in the housing market...

Emerging opportunities:

- smaller houses
- much lower design loads
- more interest in renewables
- more interest in RELIABLE solutions
- more interest in SIMPLE solutions







Has anyone here ever seen this house?



ENERGY EFFICIENT ? YES! AESTHETICALLY PLEASING?

"Beauty is in the eye of the beholder"

It's doubtfull many people would go for this.

Saskatchewan Conservation House: Built 1977 - Saskatoon, Saskatchewan R-60 ceilings, R-44 walls, homebuilt air-to-air heat exchanger Space heating load = 10,600 Btu/hr when outdoor temperature is -10°F First year heating cost = \$35 in 10,856 DD climate, -31°F design temperature



Image source: Fine Homebuilding magazine http://www.passivehouse.us/passiveHouse/PHIUSHome.html Houses built to the current PassivHaus standard use about 10% of the total heating and cooling energy of the same size house built to 2006 International Building Code standards.



Image courtesy of Foley Mechanical

Walls: R-40 to R-60 Ceilings: R-60 to R-100 Windows: R-4 to R-8 Air leakage: 0.3 AC/hr @ 50pa

Triple-pane windows

The evolution of home heating system - from an architect's point of view...



What are the "characteristics" of low energy houses that must be addressed during design of the heating system?

• Small design heating loads in the range of 10 to 15 Btu/hr/ft². (A 2000 ft² house at 10 Btu/hr/ft² is only 20,000 Btu/hr DESIGN load)

• Internal heat gains can have more significant impact on internal temperature. (room-byroom zoning is important to control overheating)

• Internal heat flow through open doors and uninsulated partitions helps equalize temperature differences. (difficult to maintain significant temperature differences between zones)

• DHW load may exceed space heating load, and thus set the output requirement of the heat source.

· Heat Recovery Ventilation will be required due to low natural air leakage

• Any large surface area radiant panels will operate at very low surface temperatures (71-75°F). (Heated floors don't get as warm as they used to - **they don't need to...**)

• Sometimes difficult to find a combustion type heat source with capacity well matched to load. (will need thermal mass to prevent short cycling)

• Monthly service charge associated with gas meter may be hard to justify based on fuel cost difference and usage. (consider "all electric" house)

• All "net-zero" houses will use solar PV system, and thus favor an "all electric" HVAC system.



Image: SolarToday magazine, Nov/Dec 2011



Hydronic solutions for low energy houses

Given that...

1. Houses are becoming smaller and more energy efficient (nominal 5 to 15 Btu/hr/ft² design loads).

2. More customers are looking into the possibility of integrating renewable energy sources.

3. Builders and buyers are looking for HVAC "solutions" - not hardware.

4. Hydronics is the "enabling technology" that underlies all thermally-based renewable energy systems.

Question...

Can the North American hydronics industry seize upon, and leverage the opportunity to provide heating (and possibly cooling) solutions to the emerging market for low energy houses?

Here's one contractor who did: PassivHaus, Bethesda, MD constructed in 2011, heating & cooling by Foley Mechanical, Arlington, VA



- 4600 square foot
- design heat loss = 24,000 Btu/hr, (5.2 Btu/hr/ft²)
- mod/con boiler supplies hot deck coils in two zoned air handlers
- max water supply temperature to coil = 120 °F
- low head loss "pump through" firetube boiler 11-55 KBtu/hr modulating range
- single Grundfos Alpha circulator (18 watts at design load)

photos courtesy of Dan Foley



What are the advantages of using hydronic heating in these houses? Water vs. air: It's hardly fair...









Water is vastly superior to air for conveying heat

Material	Specific heat (Btu/lb/°F)	Density* (lb/ft ³)	Heat capacity (Btu/ft ³ /°F)
Water	1.00	62.4	62.4
Concrete	0.21	140	29.4
Steel	0.12	489	58.7
Wood (fir)	0.65	27	17.6
Ice	0.49	57.5	28.2
Air	0.24	0.074	0.018
Gypsum	0.26	78	20.3
Sand	0.1	94.6	9.5
Alcohol	0.68	49.3	33.5



$$\frac{62.4}{0.018} = 3467 \approx 3500$$

A given volume of water can absorb almost 3500 times as much heat as the same volume of air, when both undergo the same temperature change

What are the advantages of using hydronic heating in these houses?

• Simple room-by-room zoning is possible with many heat emitter options Don't have to leave all doors open for internal heat balancing. A limitation of single point heat/cool delivery such as wall cassette.

Very low distribution energy required

(A single ECM circulator operating on 20 to 40 watts supplies all heating distribution)

• Very non-invasive installation of small tubing (3/8" & 1/2" PEX, PERT, or PEX-AL-PEX) (Installing this tubing is like pulling electrical cable)

• Easily adapted to renewable heat sources) (solar thermal, hydronic heat pump, off-peak)

 In some cases a single heat source can supply heating and DHW (fewer burners, less vents, less fuel piping)

• Electric heat sources and water-based thermal storage is easily adapted to "off-peak" or coming "smart meter" rate structures. (thermal storage hardware already available)



Consider the space heating load relative to DHW load

Example: Consider a 1,500 square foot house with a design heating load of 15 Btu/hr/ft².

Design load = 22,500 Btu/hr @ 75 °F ΔT

In a 7000 °F•day climate, with some internal gains, this house used about 30.2 MMBtu/yr for space heating.

Assuming 60 gallons per day of DHW from 45-120 °F the annual load for DHW is about 13.3 MMBtu per year (assuming 355 days per year of DHW demand)

Total thermal load = 43.5 MMBtu/yr Space heating is 69.4% Domestic water heating is 30.6%

Conclusion: It doesn't make sense to focus solely on high efficiency space heating, and ignore the potential for high efficiency domestic water heating.

Example: Space heating with heat pump at seasonal C.O.P. = 3.0Electric resistance domestic water heating at seasonal COP = 0.95"Effective C.O.P." = (3.0)(.694) + (0.95)(.306) = 2.37

Solution: Use heat pumps for both space heating & DHW



What are the hydronic heat source options? **Electric:**

- resistance heating (electric boiler)
- off-peak electric resistance w/ thermal storage
- air-to-water heat pump
- geothermal water-to-water heat pump





What are the hydronic heat source options? **Natural Gas or Propane:**

- low mass mod/con boiler with buffer tank
- high mass mod/con boiler "self buffering"
- domestic water heaters not recommended





What are the hydronic heat source options?

Solar:

• A solar combisystem (Solar DHW + heating) is a definite possibility. We will discuss more...



The European approach for small loads...

Combined space heating & DHW from single appliance.





Combined space heating & DHW appliances from Europe

Do you notice anything in common among these products?

• None of them look like a boiler or water heater...

They all look like an "appliance."

• They all have sufficient water volume to stabilize against short cycling the burner under light loading.



This is what some North American systems look like.



What kind of heat emitters should be used in these houses?

• They should operate at **low supply water temperatures** to enhance the thermal efficiency of the heat source.

For mod/con boilers: Max suggested supply water temperature @ design load= 140 °F

For solar collectors: Max suggested supply water temperature @ design load = 120 °F

For heat pumps: Max suggested supply water temperature @ design load = 120 °F

- They should have **low thermal mass** for rapid response to interior temperature changes
- They should permit simple *room-by-room zone control*
- They should not be subject to future changes that could reduce performance (no carpet / rugs added over heated floors)

 They should not create noticeable drafts or other discomfort (avoid operating conventional fan coils or air handlers at supply air temperatures lower than 100 °F) Heat sources such as condensing boilers, geothermal heat pumps, and solar collectors all benefit from low water temperature operation.



Low temperature / low mass hydronic heat emitters

Low temperature / low mass hydronic heat emitters



Is radiant floor heating **always** the answer?















Is radiant floor heating always the answer?

Consider a 2,000 square foot well insulated home with a design heat loss of 18,000 Btu/hr. Assume that 90 percent of the floor area in this house is heated (1800 square feet). The required upward heat flux from the floor at design load conditions is:

heat flux= $\frac{\text{design load}}{\text{floor area}} = \frac{18,000 \text{ Btu/hr}}{1,800 \text{ square feet}} = 10 \frac{\text{Btu}}{\text{hr} \cdot \text{ft}^2}$ $T_f = \frac{q}{2} + T_r$ $T_f = \text{average floor surface temperature (°F)}$ $T_r = \text{room air temperature (°F)}$ $q = \text{heat flux (Btu/hr/ft^2)}$

To deliver 10 Btu/hr/ft² the floor only has to exceed the room temperature by 5 degrees F. Thus, for a room at 68 degrees F the average floor surface temperature is only about 73 degrees F.

This is not going to deliver "barefoot friendly floors" - as so many ads for floor heating promote.





Why radiant floor heating ISN'T always the best choice... Direct gain passive solar buildings...

Initial concept: Since the insulated floor slab is already there- why not add tubing to keep it warm on cloudy days?

The passive solar concept relies on the floor mass giving up it's heat at night.

If maintained at an elevated temperature with auxiliary heat ensuing solar gains cannot be absorbed.

The space quickly overheats.





A comparison of THERMAL MASS for several heat emitters:

All heat emitters sized to provide 1000 Btu/hr at 110 °F average water temperature, and 70 °F room temperature:












Low thermal mass allows the heat emitters to quickly respond to changing internal loads











Notice where the tubing is in this 6" heated concrete slab

Don't do this with ANY hydronic heat source!



Heat transfer between the water and the upper floor surface is severely restricted!

Don't do this with ANY hydronic heat source!



Heat transfer between the water and the upper floor surface is severely restricted!

Hydronic heat emitters options for low energy use houses

Most CONVENTIONAL fin-tube baseboard has been sized around boiler temperatures of 160 to 200 °F. <u>Much too high for good thermal</u> <u>performance of low temperature hydronic heat sources.</u>







fot Water Po	erformance Ratings	Rate GPM	PD in ft of H ₂ 0	90'F	100"F	110'F	120°F	130'F	140°F	150°F	160'F	J/hr/ft 170'F	@AW1	190'F	200'F	210'F
	TWO SUPPLIES PARALLEL	1 4	0.0044 0.0481	130 155	205 248	290 345	385 448	460 550	546 651	637 755	718 850	813 950	911 1040	1009 1143	1113 1249	1215 1352
:	TOP SUPPLY BOTTOM RETURN	1 4	0.0068	105 147	169 206	235 295	305 386	370 470	423 552	498 640	570 736	655 810	745 883	836 957	924 1034	1016 1110
	BOTTOM SUPPLY TOP RETURN	1 4	0.0088 0.0962	103 140	166 212	230 283	299 350	363 435	415 524	488 623	559 722	642 792	730 865	819 937	906 1013	996 1093
	BOTTOM SUPPLY NO RETURN	1 4	0.0044 0.0481	75 85	127 140	169 203	208 265	260 334	311 410	362 472	408 536	470 599	524 662	576 723	629 788	685 850

Performance Notes: • All ratings include a 15% heating effect factor • Materials of construction include all aluminum "patented" fins at 47.3 per LF, mechanically bonded to two 3/4" (075) type L copper tubes ("Coll Block") covered by a 20 gauge perforated, painted cover all mounted to a backplate. Please see dimensional drawing for fin shape and dimensions . EAT=65"F . Pressure drop in feet of H_0 per LF.

Heating Edge (HE2) has been performance tested in a BSRIA standards laboratory. The test chamber was set up according to IBR testing protocol. The above chart is shown in Average Water Temperatures (AWT) per market request.



ENVIRONMENTAL PRODUCTS*

300 Pond Street, Randolph, MA 02368 + (781) 986-2525 + www.amithsenvironmental.com

Panel Radiators

Traditional cast-iron radiator



Modern panel radiator



Panel Radiators

- Low water content and relatively light fast responding
- Some can be fitted with thermostatic radiator valves for room-by-room zoning (WITHOUT ELECTRICAL CONTROLS)
- Some are "thermal art" but bring your VISA card...







Hydronic heat emitters options for low energy use houses Panel Radiators

One of the fastest responding hydronic heat emitters



From setback to almost steady state in <u>4 minutes</u>...



Hydronic heat emitters options for low energy use houses

10" high

1491

Panel Radiators

 Adjust heat output for operation at lower water temperatures.



			Heat output ratings (Btu/hr) at reference conditions: Average water temperature in panel = 180°F Room temperature = 68°F temperature drop across panel = 20°F					
	1 wate	r plate panel th	ickness	1				
	16" long	24" long	36" long	48" long	64" long	72" long		
24" high	1870	2817	4222	5630	7509	8447		
20" high	1607	2421	3632	4842	6455	7260		
16" high	1352	2032	3046	4060	5415	6091		
	2 wate	r plate panel th	ickness	1				
	16" long	24" iong	36" long	48" long	64" long	72" long		
24" high	3153	4750	7127	9500	12668	14254		
20" high	2733	4123	6186	8245	10994	12368		
16" high	2301	3455	5180	6907	9212	10363		

6745

5995

length

2247

	S wate	r plate panel th	ickness	1000		
	16" long	24" long	36" long	48" long	64" long	72" long
24" high	4531	6830	10247	13664	18216	20494
20" high	3934	5937	9586	11870	15829	17807
16" high	3320	4978	7469	9957	13277	14938
10" high	2191	3304	4958	6609	8811	9913

3373

4498

As an approximation, a panel radiator operating with an average water temperature of 110 °F in a room room maintained at 68 °F, provides approximately 27 percent of the heat output it yields at an average water temperature of 180 °F.

Adding low wattage fans to a low water content panel can boost heat output 50% during normal comfort mode, and over 200% during recovery from setback conditions





- At full speed these fans require about 1.5 watts each
- 30dB (virtually undetectable sound level)
- Allow supply temperatures as low as 95 °F



Styles of panel radiators

Ultra Low-Mass Panel Radiators



Rapid response from cold start conditions with 130°F supply water



20 20.0%

Fan-assisted Panel Radiators

The "NEO", just released from Runtal North America









Room Air

8 tube high x 31.5" wide produces 2095 Btu/hr at average water temperature of 104 °F in 68°F room

8 tube high x 59" wide produces 5732 Btu/hr at average water temperature of 104 °F in 68°F room



Heat output formula:

$$q = 0.71 \times (T_{water} - T_{room})$$

Where:

 $\begin{array}{l} Q = heat \mbox{ output of ceiling (Btu/hr/ft^2)} \\ T_{water} = average \mbox{ water temperature in } \\ panel (^{o}F) \\ T_{room} = room \mbox{ air temperature (}^{o}F) \end{array}$





O tube

Thermal image of radiant ceiling in operation

Site built radiant CEILINGS...







Site built radiant WALLS...











HIGHER MASS, low & medium temperature hydronic heat emitters

NOTE: These emitters are not recommended for supplying the DESIGN LOAD in buildings with significant internal heat gain from sun, or other unpredictable sources. Concept for low load buildings: "BASELOAD" Keep floor surface temperature limited to 4 °F above room temperature.

This will yield an output of about 8 Btu/hr/ft²

Floor surfaces will not feel warm to touch.

Will provide some thermal stability, but is not likely to produce intolerable temperature overshoot in building with passive solar gain.

Use in combination with other low mass heat emitters to achieve balance of load.

Slab-on-grade floor heating







Thin-slab floor heating (using concrete)



Thin-slab floor heating (using concrete)





Strengths:

- Usually lower installed cost relative to poured gypsum thin-slab
- Operate on low water temperatures (good match to GSHP)
- Very durable, waterproof
- Medium thermal storage tends to smooth heat delivery

Limitations:

- Slower thermal response (best when loads are slow to change)
- Adds about 18 pounds/square foot to floor loading @ 1.5" thickness

Always...

- Verify load carrying ability of floor framing
- Account for added 1.5 inches in floor height
- Install control joints and release oil on adjacent framing
- Install polyethylene bond breaker layer between subfloor and slab
- Pressure-test circuits prior to placing concrete
- Make tubing layout drawing prior to placing tubing
- Install R-11 to R-30 underside insulation

Never...

- Allow concrete to freeze prior to curing
- Pressure-test with water
- Place tubing closer than 9 inches to toilet flanges
- Cover with flooring having total R-value over 2.0°F hr/ft²/Btu
- Use asphalt-saturated roofing felt for bond breaker layer
- Exceed 12" tube spacing

Thin-slab floor heating (using poured gypsum underlayment)







Thin-slab floor heating (using poured gypsum underlayment)



Strengths:

- Faster installation than concrete thin-slab
- Operates on low water temperatures (good match to GSHP)
- Excellent air sealing at wall/floor intersection
- Medium thermal storage tends to smooth heat delivery
- No control joints required

Limitations:

- Slower thermal response (best when loads are slow to change)
- Adds about 14.5 pounds/square foot to floor loading @ 1.5" thickness
- Not waterproof

Always...

- Verify load-carrying ability of floor framing
- Account for added 1.5 inches in floor height
- Pressure-test circuits prior to placing gypsum underlayment
- Make tubing layout drawing prior to placing tubing
- Install R-11 to R-30 underside insulation
- Use proper surface preparations prior to finish flooring

Never...

- Allow gypsum to freeze prior to curing
- Pressure-test with water
- Place tubing closer than 9 inches to toilet flanges
- Cover with flooring having total R-value over 2.0°F hr/ft²/Btu
- Exceed 12" tube spacing
- Install in locations that could be flooded

Homerun Distribution Systems

Homerun distribution systems







The vast majority of hydronic distribution system developed in North America over decades were based on **rigid piping**.



PEX tubing was introduced in North America in the early 1980s, and was viewed primarily for use in radiant floor heating applications.



Slowly, some North American designers/installers began mixing PEX and PEX-AL-PEX tubing into system along with rigid tubing.



At this point, many North American heating pros recognize PEX or PEX-AL-PEX as a <u>universal hydronic distribution pipe.</u>

One of the best approaches using this pipe is a <u>"homerun"</u> system.



Benefits of a homerun distribution system...

- The ability to "fish" tubing through framing cavities is a tremendous advantage over rigid tubing, **especially in retrofit situations.**
- Allows easy room-by-room zoning.
- Delivers same water temperature to each heat emitter (simplifies heat emitter sizing)
- Can be configured with several types of heat emitters (provided they all require about the same supply water temperature)
- Easy flow adjustment through any branch circuit using manifold or heat emitter valves
- Lower circulator power required relative to series piping systems



Homerun systems reduce distribution power requirement

Circulator energy use for *series loop* system



Homerun systems reduce distribution power requirement





Homerun systems allow several methods of zoning.

One approach is to install valved manifolds equipped with low voltage valve actuators on each circuit.



Another approach is to install a thermostatic radiator valve (TRV) on each heat emitter.



NON-ELECTRIC THERMOSTATIC RADIATOR VALVE:


thermostatic radiator valves are easy to use...

manual setback

dog reset control

65.4



FLIR

The modern way to install fin-tube baseboard:

- Thermostatic radiator valve on each baseboard
- ECM-based pressureregulated circulator.



Distribution efficiency & Low Energy Pumping

The North American Hydronics market has many "high efficiency" boilers

In the right applications these boilers have efficiencies in the 95+ range:

It may appear there isn't room for improving the efficiency of hydronic systems...

At least that's what people who focus *solely* on the boiler might conclude



For decades our industry has focused on *incremental improvements* in the thermal efficiency of heat sources.

At the same time we've <u>largely ignored the hydraulic</u> <u>efficiency of the distribution system.</u>

Those seeking high efficiency hydronic systems have to understand "Its not always about the boiler!"

The present situation:

What draws your attention in the photo below?



If all these circulators operate simultaneously (at design load) the electrical demand will be in excess of 5000 watts.

That's the heating equivalent of about 17,000 Btu/hr!

Here's another example...



Great craftsmanship - Wrong concept

If you run out of wall space consider this installation technique...

Notice the installer left provisions for additional circulators.







Although as an industry we pride ourselves on ultra high efficiency and "eco-friendly" heat sources, we...

Must look beyond the efficiency of only the heat source.

We need to look at the overall **SYSTEM efficiency**.

This includes the **thermal efficiency** of converting fuel in heated water AND the **distribution efficiency** of moving that water through the building.



This is important





So is this!

Defining DISTRIBUTION EFFICIENCY

$Efficiency = \frac{\text{desired OUTPUT quantity}}{\text{necessary INPUT quantity}}$

Distribution efficiency for a space heating system.

distribution efficiency= $\frac{\text{rate of heat delivery}}{\text{rate of energy use by distribution equipment}}$

Consider a system that delivers 120,000 Btu/hr at design load conditions using four circulators operating at 85 watts each. The distribution efficiency of that system is:

distribution efficiency= $\frac{120,000 \text{ Btu/hr}}{340 \text{ watts}} = 353 \frac{\text{Btu/hr}}{\text{watt}}$

So is a distribution efficiency of 353 Btu/hr/watt good or bad?

To answer this you need something to compare it to.

Suppose a furnace blower operates at 850 watts while delivering 80,000 Btu/hr through a duct system. It delivery efficiency would be:

distribution efficiency=
$$\frac{80,000 \text{ Btu/hr}}{850 \text{ watts}} = 94 \frac{\text{Btu/hr}}{\text{watt}}$$

<u>The hydronic system in this comparison has a distribution</u> <u>efficiency almost four times higher than the forced air</u> <u>system.</u>

Water is vastly superior to air as a conveyor belt for heat.

Room for Improvement...

A few years ago I inspected a malfunctioning hydronic heating system in a 10,000 square foot house that contained **40 circulators**.



Assume the average circulator wattage is 90 watts.

The design heating load is 400,000 Btu/hr

The distribution efficiency of this system at design load is:

distribution efficiency=
$$\frac{400,000 \text{ Btu/hr}}{40 \times (90 \text{ watts})} = 111 \frac{\text{Btu/hr}}{\text{watt}}$$

Not much better than the previous forced air system at 94 Btu/hr/watt

Water Watts...

It's hard to say if the wattage of past or current generation circulators is "where it needs to be" without knowing the mechanical power needed to move fluid through a specific circuit.

$$w_m = 0.4344 \times f \times \Delta P$$

Where:

 W_m = mechanical power required to maintain flow in circuit (watts) f= flow rate in circuit (gpm) ΔP = pressure drop along circuit (psi) 0.4344 = units conversion factor Example: How much mechanical power is necessary to sustain a flow of 180 °F water flows at 5 gpm through a circuit of 3/4" copper tubing having an equivalent length of 200 feet?

Solution: The pressure drop associated with this head loss is 3.83 psi.

Putting these numbers into the formula yields:

$$w_m = 0.4344 \times f \times \Delta P = 0.4344 \times 5 \times 3.83 = 8.3 \text{ watts}$$

That's quite a bit lower than the electrical wattage of even the smallest currentlyavailable circulator. Why?

Because it's only the <u>mechanical wattage</u> required (power dissipation by the fluid) - <u>not the electrical input wattage</u> to the circulator's motor.

If you take operating data for a typical 1/25 hp fixed-speed wet rotor circulator and plug it into this formula the efficiency curve looks as follows:



The electrical wattage needed by the circulator is:

$$w_e = \frac{0.4344 \times f \times \Delta P}{n_{w/w}}$$

A current-generation wet-rotor circulator has a maximum wire-towater efficiency in the range of 25 percent. If we put the data from previous example into this formula we get the electrical wattage required to maintain flow in the circuit.

$$w_{e} = \frac{0.4344 \times f \times \Delta P}{n_{w/w}} = \frac{0.4344 \times 5 \times 3.83}{0.25} = 33.2 watts$$

Consider that a flow of 5 gpm in a circuit with a 20 °F temperature drop is moving about 50,000 Btu/hr, and the electrical power to "run the conveyor belt" according to the last calculation is 33.2 watts. The distribution efficiency of such a circuit is:

$$n_d = \frac{Q}{w_e} = \frac{50,000 Btu / hr}{33.2 watt} = 1506 \frac{Btu / hr}{watt}$$

Compare this to a 4-ton rated **geothermal water-to-air heat pump** delivering 48,000 Btu/ hr using a blower operating on 1080 watts. The distribution efficiency of this delivery system is:

$$n_{d} = \frac{Q}{w_{e}} = \frac{48,000 Btu / hr}{1080 watt} = 44.4 \frac{Btu / hr}{watt}$$

These numbers mean that the hydronic system delivers heat to the building using only 2.9 percent (e.g. 44.4/1506) of the electrical power required by the forced air delivery system.

With good design it's possible to achieve distribution efficiencies > 3000 Btu/hr/watt

This will become increasingly important in low energy and net zero buildings...

Other factors to Consider...

The heat output from most hydronic heat emitters (including radiant panel circuits) increases rapidly at low flow rates but very slowly at high flow rates (assuming constant supply temperature).

At 50 percent of design flow rate heat output is about 89 percent of design output.

Implication...

If the heat emitters are 11% or more oversized, the system could likely still deliver design load output at 50% or less of its current flow rate.



Other factors to Consider... Reduced head loss:

Reduce Use Of Antifreeze:

"The only good thing about antifreeze is that it doesn't freeze."

- Antifreeze increases viscosity of system fluid and thus increases head loss.
- Antifreeze has lower specific heat than water and requires higher flow for same heat transfer rate.
- If not properly maintained it can lead to corrosion damage requiring major component replacement.

Consider a circuit of 200 feet of 3/4" copper tubing. Assume the circuit operates with a water flow rate of 5 gpm, an average water temperature of 140 °F, and a Δ T of 20 °F. Thus it conveys 50,000 Btu/hr. Assume the circulator is a standard wet rotor unit with 22% wire-to-water efficiency. The head loss of this circuit is 11.45 ft. The corresponding circuit pressure drop is **4.87 psi**.

The circulator power required for this is:
$$w_e = \frac{0.4344 \times f \times \Delta P}{n_{w/w}} = \frac{0.4344 \times 5 \times 4.87}{0.22} = 48 \text{ watts}$$

If this same circuit were operated with a 50% solution of propylene glycol, and is to maintain a heat delivery rate of 50,000 Btu/hr, the flow rate must increase to 5.62 gpm due to the lower specific heat of the antifreeze. The increases flow rate, in combination with increased viscosity and density, increases head loss to 16.3 feet, and pressure drop to **7.19 psi**.

The circulator power required for this is:

$$w_e = \frac{0.4344 \times f \times \Delta P}{n_{w/w}} = \frac{0.4344 \times 5.62 \times 7.19}{0.22} = 79.8 watts$$

A 66% increase in circulator wattage due to use of antifreeze.

This graph shows the relationship between system flow rate vs. operating hours for a typical Northern climate.



Recognizing that partial flow is common, circulator engineers have developed "intelligent" operating algorithms for variable speed circulators.



What would be the **ideal** pump curve for a hydronic system using valve based zoning?

Answer: a perfectly flat pump curve



A perfectly flat pump curve would all steady flow rate in every zone circuit, regardless of which other zones are on.



A ΔP bypass valve helps limit changes in differential pressure, but does so "parasitically" by throttling away head energy

Approximating a flat pump curve with ΔP bypass valve

By varying the speed of the circulator it is possible to produce the same "net" effect as would be produced by a perfectly flat pump curve.



This is called CONSTANT DIFFERENTIAL PRESSURE CONTROL



PROPORTIONAL DIFFERENTIAL PRESSURE CONTROL

This method is best for systems where the heat source and/or "mains" piping leading to the load circuits dissipate a substantial portion of the circulator head.



Small ECM circulators now available in US









Grundfos Alpha: Provides constant and proportional differential pressure and three fixed speed settings. 6-50 watt electrical input. Wilo Stratos ECO 16F: Provide constant and proportional differential pressure. 5.8-59 watt electrical input. **Bell & Gossett ECOCIRC**, Provides manual adjustable speed setting (VARIO model), and proportional differential pressure (AUTO model). 5-60 watt electrical input. **Taco Bumblebee** Temperature based speed control. 9-42 watts electrical input



Current European circulator rating system

<u>All these circulators</u> <u>rated "A" on the energy</u> <u>labeling system from</u> <u>Europump (European</u> <u>Association of Pump</u> <u>Manufacturers).</u>

Single or multi-speed wet-rotor circulators like those commonly used in North America would be rated "D" or "E" on this scale.



The European circulator rating system

Voluntary industry commitment (since 2005)

In March 2005 'Europump' launched the voluntary industry commitment to improve the energy performance of stand-alone circulators



The Energy Efficiency Label (A, B, C, etc) is based on a calculated number called the Energy Efficiency Index (EEI). There is an established protocol for determining EEI based on testing and subsequent calculations.

Class	Energy Efficiency Index (EEI)
A**	EEI < 0.20
A*	0.20 ≤ EEI < 0.30
A	0.30 ≤ EEI < 0.40
В	0.40 ≤ EEI < 0.60
С	0.60 ≤ EEI < 0.80
D	0.80 ≤ EEI < 1.00
E	1.00 ≤ EEI < 1.20
F	1.20 ≤ EEI < 1.40
G	EEI ≥ 1.40

2015 European circulator standards

- > Due to their high energy consumption across Europe (approx. 15% of the total consumption of electrical energy), the European Commission identifies circulation pumps as relevant for a sustainable environmental protection
- > The ErP calculation shows saving effects of 23 TWh or 11 mio. t CO² per year
- > This is why from 2013 on only highly efficient circulation pumps may be sold in Europe which achieve an energy efficiency index of < 0.27</p>
- > Then, from 2015 on, the second stage for all circulation pumps comes into effect (EEI < 0.23)</p>

ErP Directive 2013/2015 The Future is High-efficiency



Class	Energy Efficiency Index (EEI)
A**	EEI < 0.20
A*	0.20 ≤ EEI < 0.30
Α	0.30 ≤ EEI < 0.40
В	0.40 ≤ EEI < 0.60
С	0.60 ≤ EEI < 0.80
D	0.80 ≤ EEI < 1.00
E	1.00 ≤ EEI < 1.20
F	1.20 ≤ EEI < 1.40
G	EEI ≥ 1.40





Zoning with valves and a fixed speed circulator requires a differential pressure bypass valve.

Zoning with valves and an ECM pressure regulated circulator eliminates need (and cost) of a differential pressure bypass valve.

A real price comparison...

All prices taken for same internet-based supplier (August 2012)



Can you install this value (with adapter fittings) and labor for \$30.75?

This comparison ignores the saving in electrical energy associated with the ECM circulator

A real price comparison...

Energy savings comparison

Conventional zone circulator operating 3000 hours per year in area where electricity costs \$0.13/kwhr.

 $(80watt) \left(\frac{3000hr}{yr}\right) \left(\frac{1kwhr}{1000whr}\right) \left(\frac{\$0.13}{kwhr}\right) = \frac{\$31.2}{yr}$

Based on European modeling, an ECM circulator operating with proportional differential pressure control reduces electrical consumption by about 60% comparison to a conventional wet rotor circulator of same max curve performance.

savings = (0.6)\$31.20 = \$18.72 / yr

Simple payback on higher cost of AUTO versus NRF-22: \$89.50/\$18.72 = **4.8 years**

Payback on higher cost of AUTO versus NRF-22 assuming 5% per year inflation on cost of electricity = **4.4 years** B&G AUTO 19-14



\$178.20

B&G NRF-22 circulator



\$88.70

cost difference \$89.50 Computer modeling has been used to predict electrical energy savings for an <u>intelligently-controlled circulator with ECR motor operating in the</u> <u>proportional pressure mode.</u>

Savings in electrical energy are 60 to 80 percent relative to a fixed speed circulator of equal peak performance in the same application.


Instantaneous DHW subassembly

Starting points:

- Nearly all thermally-based renewable heat sources (solar, heat pump, solid fuel) require significant heat storage.
- Some systems with conventional heat sources also require heat storage.
- Most of these systems use water for thermal storage.
- It almost always makes sense to use these heat sources to provide domestic hot water, as well as space heating.
- Even low storage tank temperatures are useful for preheating domestic hot water.
- Keeping all portions of the DHW system outside the thermal storage tank has several benefits.
- Hydronic based instantaneous domestic water heating has been used in thousands of European installations .
- Modulating electric tankless water heaters have some distinct advantages in dealing with preheated water.
- Brazed plate stainless steel heat exchangers are readily available and have very fast response times.





• Leverages the thermal mass for stabilizing DHW delivery.

• Brazed plate heat exchanger provides very fast response (1-2 seconds)

• Fully serviceable heat exchanger (unlike an internal coil heat exchanger) Can be cleaned or replaced if necessary.

Predictable heat exchanger
performance

• Very little heated domestic water is stored (reducing potential for Legionella growth).

 Very low wattage circulator needed on primary side of heat exchanger

Typical "whole house" **ETWH**



Typical "point of use" ETWH 3-6 KW

maximum possible water temperature rise always depends on flow rate









Electric tankless water heaters are HIGH AMPERAGE devices.

3.5 KW Requires 15 amp / 240VAC breaker

$$Amps = \frac{KW}{0.24}$$

Minimum 200 Amp breaker panel recommended.

May be an issue in some retrofits.



23 KW Requires **TWO**, 50 amp /240VAC breakers



Thermostatically controlled electric tankless water heaters use a TRIAC to vary the amperage (and thus power) to their heating elements from 0 to 100%.



gates for TRIACS

They can therefor handle situations where preheated water needs a small temperature "boost" without short cycling.

Instantaneous DHW subassembly

0

3"x5"







Brazed plate stainless steel heat exchangers are widely available. They have very high ratio of surface area to volume.

Response time to quasi steady state = 1 to 2 seconds

Response time of this subassembly is likely under 5 seconds. (assuming short, insulated piping b/w HX and storage tank)



10"x20"

Sizing the brazed plate heat exchanger

Suggest a maximum approach temperature difference of 10 °F under max. anticipated water demand, and minimum preheat inlet temperature.





FG5x12-30 5" wide x12" long -30 plates

http://flatplateselect.com

GEA FlatPlateSELECT^{**} – ONLINE

Choose Application	inter Design Con	litions Company	e Models	Review Perfor	mance Pr	intiSava	
Skon A + Liquid Fluid category: Fluid type: Entering fluid temp. (*F): Leaving fluid temp. (*F):	Common 🗘	Dome	stic hot wa	ter	Side F - Liqu Fluid category Fluid type: Entering fluid t Leaving fluid t	Water (Water lemp. (*F): emp. (*F):	Common 🛟
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Instantaneous DHW subassembly





Response time from cold start to near steady state at delivery temperature (20-30 seconds)

All gas fired equipment needs gas supply, venting, and electrical connections





Using extra terminal on ETWH contactor to operate circulator

This eliminates the need for the flow switch.



Examples of heating systems for low load homes

Time to put all the pieces together...

System using low mass mod/con boiler, buffer tank, and homerun distribution system

The small insulated tank provides:

- Thermal buffering
- Hydraulic separation
- Air separation and collection







Systems for a low energy Duplex in Ithaca, NY

These systems are being installed in early 2012 as part of a DOE *Building America* research program coordinated through Steven Winter Associates.













Examples of solar combisystems for low load homes

Solar Thermal Combisystems

What makes sense for modern combisystems?

Think of the system as "solar DHW +" (e.g partial space heating in shoulder months)

- 4 to perhaps 8 (4'x8') collectors
- 119 to 250 gallons very well insulated storage

Low temperature heat emitters:

• provide design load heat output at supply water temperature of 120 °F or less

Room-by-room zoning:

- keep it simple with thermostatic radiator valves
- avoid zoning with multiple zone circulators (unless very low wattage <10 watts per zone)

Single storage mass provides:

- solar storage,
- DHW reserve capacity
- space heat buffering

High efficiency distribution circulator(s)

• ECM-based pressure regulated circulators

Highly pre-engineered / pre-assembled systems: 1. Appliance 2. Solution

• minimal "customization" on site

This is a **NOT** a realistic solar combisystem...

This is a "SOLAR MONUMENT"

Likely to produce much excess heat (& associated problems) in summer

This is for owners who want to appear **GREEN**,

solar thermal

collectors

and have a lot of \$\$\$,\$\$\$.00 to work with...

My own solar drainback system







System using low mass mod/con boiler, drainback solar collector array, thermal accumulator tank, and homerun distribution system
















Solar combisystem performance in a 1500 ft² well-insulated house



The design space heating load of the 1500 square foot wellinsulated house was set at 15 Btu/hr/ft², or 22,500 Btu/hr total, with an indoor temperature of 70 °F and outdoor design temperature of 0 °F. This yields an overall heat transfer coefficient of 321 Btu/hr/°F.



- four, 4x8 foot flat plate collectors
- collector efficiency line intercept = 0.76
- collector efficiency line slope = $0.865 \text{ Btu/hr/ft}^2/^{\circ}\text{F}$
- collector slope = latitude +15°
- collector azimuth = 180° (directly south)
- 119 gallon, well-insulated storage tank
- DHW = 60 gallons /day heated from 50 to 120°F



Examples of heat pump combisystems for low load homes









Air to water heat pumps

• Heated water is delivered to *both* heated floor and fan coils (more output at given water temperature), or (lower water temperature for a given output)

• ETWH provides "boost" for domestic water heating



Air to water heat pump

Chilled water is only delivered to fan coils equipped with drip pans

Chilled water temperatures for cooling: 50 - 60 °F
If cold water enters at 42-45 °F it contributes to cooling the buffer tank, & slightly preheating domestic water upstream of ETWH.



Geothermal heat pump systems

















Hydronic Heating for Low Energy Houses

Summary:

- Energy conservation comes first
- Design around low supply water temperatures (120 °F max for renewable heat sources)
- Use low mass heat emitters for fast response
- Radiant ceilings better choice than radiant floors
- Use homerun distribution system whenever possible
- Use ECM-based high efficiency circulators
- Provide thermal mass (buffer) to stabilize combustion heat sources against small zone load
- Integrate solar for DHW plus combisystems (drainback systems preferred)
- If system has thermal mass use external HX for instantaneous domestic water heating
- Evaluate service charge for gas meter on low load and net zero houses. (saving may not justify meter cost)
- If cooling will be needed, heat pump is a good choice
- Consider air-to-water heat pump against cost of geothermal heat pump
- Net zero houses will always have solar PV, so electric based heating is preferred.
- Keep system as simple as possible

Parting thoughts...

1. Plan ahead...



Parting thoughts... 2. Keep it neat...



Parting thoughts... **3. Keep it simple...**



Parting thoughts... 4. Don't get hung up...



Thank you for attending today's session...

Thanks also to the sponsors of today's workshop...





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www.hydronicpros.com



Head of the Lakes Natural Gas Group

